

Massachusetts Local School Wellness Policy Implementation Summary

<u>Local School Wellness Policy (LSWP) Guidelines</u>		
	Federal USDA Requirements Under the Healthy, Hunger-Free Kids Act of 2010	Additional Massachusetts State Requirements Under the Standards for School Wellness Advisory Committees (105 CMR 215)*
Establishing a LSWP	<p>LEAs must identify the position title of the LEA or school official(s) responsible for oversight of the LSWP and ensure each school complies with the policy.</p> <p>It is encouraged that the contact information for the designated official(s) be made available to the public in order to maintain accountability and provide a means for the community to provide suggestions.</p>	<p>The superintendent of the school district shall appoint the school wellness advisory committee members, including a designee to serve as a liaison between the committee and the superintendent, and ensure the active functioning of the committee.</p>
Elements of the Local School Wellness Policy	<p>LSWPs must include a plan for involving the required stakeholders outlining their participation in the development, implementation, and periodic review and updating of the LSWP.</p> <p>LEAs are expected to review “Smarter Lunchrooms” tools and strategies</p> <p>Taking into consideration evidence-based strategies and techniques, the LSWP must include measurable goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness.</p> <p>LSWPs must include nutrition guidelines for all foods and beverages available for sale on the school campus during the school day to ensure they are consistent with the statutory and regulatory provisions governing school meals and Smart Snacks in School as applicable.</p> <p>LSWPs must include standards for foods and beverages</p>	<p>LSWPs must include ways of developing community support for school wellness initiatives and coordinating school and community initiatives on physical activity and nutrition.</p> <p>LSWPs must include an assessment of the accomplishments of the previous year and identification of work still needed in order to accomplish the previous year’s goals and objectives.</p> <p>LSWPs must include a review of membership and membership participation in the previous year and, as appropriate, a request to the Superintendent for replacements.</p>

	<p>available on the school campus during the school day that are not sold (i.e. foods provided at classroom parties and school celebrations, food as a reward or incentive.)</p> <p>LEAs must include policies allowing the marketing of only those foods and beverages that may be sold on school campus during the school day (i.e. only those that meet the Smart Snacks in School nutrition standards.)</p>	
Stakeholder Involvement	<p>LEAs must allow parents, students, SFA representatives, teachers of physical education, school health administrators, and members of the general public to participate in the development, implementation, and periodic review and update of the LSWP.</p> <p>It is encouraged that a list of names and position titles (or relationship to the school) of individuals who are part of the school wellness advisory policy committee and its lead/coordinator be made available to the public and school community.</p> <p>LEAs must assess the LSWP at least once every three years to determine compliance with the LSWP, how the LSWP compares to model wellness policies, and progress made in attaining the goals of the LSWP.</p> <p>LEAs must update or modify the LSWP as appropriate.</p>	<p>The school wellness advisory committee must meet at least four times a year.</p> <p>The school wellness advisory committee shall recommend and/or review district wide policies to promote school wellness on an annual basis.</p> <p>The school wellness advisory committee must annually provide to the superintendent and school committee a copy of the policies developed, including goals and objectives for the coming year.</p>
Public Notification	<p>LEAs or schools must notify households on an annual basis of the availability of the LSWP information and provide information that would enable interested households to obtain additional details.</p> <p>LEAs must make public the triennial assessment, including progress toward meeting the goals of the LSWP.</p>	

<p style="text-align: center;">Required Documentation</p>	<p>Copy of the current LSWP.</p> <p>Documentation demonstrating compliance with community involvement requirements, such as a copy of the solicitation on the LEA/school website or school newsletter.</p> <p>Documentation on how the policy and assessments are made available to the public, such as a copy of the LSWP posted on the LEA/school website or school newsletter.</p> <p>The most recent assessment of implementation of the policy.</p> <p>Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate.</p>	<p>School wellness advisory committee reports, as well as minutes of the meetings, including the names of attendees, shall be maintained, and shall be provided to the Department of Public Health or the Department of Elementary and Secondary Education upon request.</p>
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*Massachusetts State requirements apply to public school districts (all public school districts, regional school districts, vocational technical schools, collaboratives and, for the purposes of these regulations, charter schools).