

BREAKFAST BANANA SPLIT

Course: Breakfast or Snack

Prep. Time: 10 minutes

Servings: 12

CACFP: $\frac{3}{4}$ C. Fruit, 1 oz. Meat Alternate



INGREDIENTS

- 6 bananas, cut in half (1/2 banana per child)
- 6 C. low-in-sugar Greek yogurt
- 1 $\frac{1}{2}$ C. blackberries
- 1 $\frac{1}{2}$ C. raspberries
- 12 Tbsp. chopped nuts (almonds, pecans, or walnuts)

INSTRUCTIONS

1. Slice bananas down the middle, length-wise.
2. Place yogurt in the open splits of the banana.
3. Add berries and nuts.
4. Serve immediately.