

FOCUS On Children
Boston Public Schools

The Wellness Program at the Mario Umana Middle School Academy

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Boston Public Schools and The Achievement Gap

- Of the 56,190 students in the Boston Public Schools, 44,984 or 76% are students of color: 39% are Black/African American and 37% are Latino/Hispanic
- Compared to White and Asian students, 30% fewer Black and Latino students achieved in the "Proficient" or "Advanced" performance levels on the 2007 MCAS tests
- Only by addressing all of the impediments to learning we can ensure the success of every student

Boston MCAS Performance

Math Performance

English Language Arts (ELA) Performance

Asian

White

Black

Latino

Achievement Gap

BPS Report on Achievement Gap; Office of Research, Assessment, and Evaluation; January 2007; Represents 2006 district-wide performance

The Mario Umana Middle School Academy

- Of the 621 students at the Mario Umana:
 - 79.1% are students of color:
 - 10.5% are Black/African American
 - 63.6% are Latino/Hispanic
- Compared to White and Asian students, 13.75% fewer Black and Latino 8th grade students achieved in the "Proficient" or "Advanced" performance levels on the 2007 MCAS tests

UMANA MCAS Performance

% of Grade 8 Students Who Achieved Advanced/Proficiency on the 2007 Math MCAS

Black & Hispanic

White & Asian

Advance/Proficient

BPS Report on Achievement Gap; Office of Research, Assessment, and Evaluation; January 2007; Represents 2006 district-wide performance

The Mario Umana Wellness Gap

Our Population

- 52% of the Students at the Mario Umana are Obese
- 62% of BPS students diagnosed with PTSS
- 17% have been diagnosed with Pre-juvenile Diabetes
- 15% of our students live in a home where there are 18 people or more
- 94% Free or reduced lunch
- 191 ELL's
- 10 Students are homeless
- 2.9% of our students were retained at the end of SY 2006-2007
- Suspensions have decreased 55% compared to SY 2006-2007.

Only by addressing all of the impediments to learning we can ensure the success of every student

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The Wellness Program

Wellness Program

The **Wellness Program** is a series of mechanisms, support systems, procedures and approaches intended to support the social, emotional, physical, mental, cultural, and environmental development of the Students as detailed in our Mission and Vision statement. The **Wellness Program** serves also as a way to manage all impediments to learning of the students at the Mario Umana Middle School Academy.

Only by addressing all of the impediments to learning we can ensure the success of every student

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Closing the Achievement Gap: The Wellness Program

The Wellness Program/Child Study Meetings

- Teachers select students who will be discussed in the at the Child Study Meeting
- Principal, Student Support Coordinator, Dean of Students, VP, Nurse, and teachers meet regularly to "study" the student's needs
- A plan of action is created. This plan may include: Academic, Social/emotional, or Medical/physical interventions
- The Plan is put in place immediately. Parents are contacted and asked to monitor progress
- The team monitors student progress

Wellness Program - Framework

Child Study Meetings

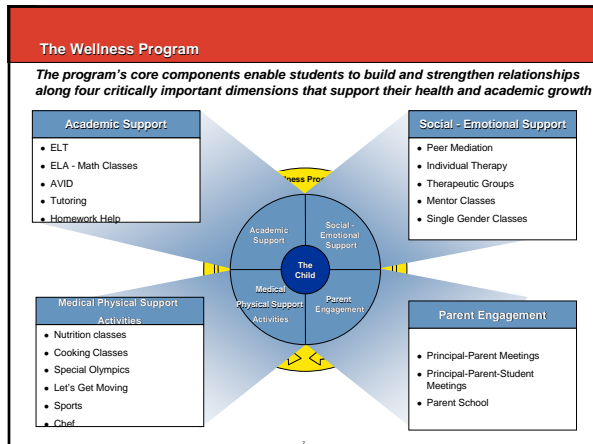
Academic Support

Social - Emotional Support

Parent Engagement

Medical/Physical Support Activities

Wellness Plan



Goals

Academic Outcomes
Improved MCAS proficiency rates, Increased on-time promotion rates, Improved performance in grade level benchmarks, Graduation Rates

Engagement Outcomes
Improved attendance, Increased involvement in school activities, Decreased discipline referrals, Increased leadership activities, Increased parent engagement

Health Outcomes
Lower BMI's, vision testing and referrals, Access and information about healthy foods, increase required amount of physical activity for each student.

