

# Massachusetts Smarter Lunchrooms Movement



## Uxbridge Public School District, Taft Early Learning Center

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### Smarter Lunchrooms Goals Completed:

- At least two types of fruit are available daily.
- Available vegetable options have been given creative or descriptive names.
- White milk crates are placed so that they are the first beverage option seen in all designated milk coolers.
- All promotional signs and posters are rotated, updated or changed at least quarterly.
- All creative and descriptive names are rotated, updated or changed at least quarterly.
- Student artwork is displayed in the service/dining areas.
- All vegetable names are included on the published monthly school lunch menus.
- A local celebrity is invited to share lunch with students 3-4 times per year.

### Strategies Used to Complete Goals:

- Making items more visible and accessible
- Creative names for menu items
- Pictures of food (on the line or on menu boards)
- Involvement with students
- Celebrities to lunch

### Key Successes:

- Providing multiple fruit options daily.
- Involving students in the creation of artwork for the lunchroom that promotes healthy eating.
- Placing white milk so that it is the first beverage option seen.

