

Massachusetts Smarter Lunchrooms Movement



Quabbin Regional School District, Oakham Center School

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Smarter Lunchrooms Goals Completed:

- Daily fruit options are available in at least two different locations in each serving line.
- Whole fruit options are displayed in attractive bowls or baskets.
- All vegetable names are printed/written on name cards.
- White milk crates are placed so that they are the first beverage option seen in all designated milk coolers.
- Daily targeted entrée options are highlighted on posters or signs.
- Reimbursable "Combo Meal" pairings are promoted on signs or posters.
- Posters displayed healthful foods are visible and readable within all service and dining areas.
- A dedicated space/menu board is visible and readable within all service areas where students can see tomorrow's meal.
- Student groups are involved in the development of creative and descriptive names for menu items.
- Individual salads or a salad bar is available to all students.
- The school has applied or been selected for the HUSSC.

Strategies Used to Complete Goals:

- Making items more visible and accessible
- Signage on the line
- Menu boards
- Pictures of food (on the line or on menu boards)
- Creative names for menu items
- Involvement with students
- Grab and go options
- Apply for Healthier US School Challenge

Key Successes:

- Offering individual salads as part of a colorful fruit and vegetable salad bar display.
- Displaying colorful printed signage on the line that labels each food item with a creative/descriptive name.
- Displaying menu boards: printed boards that list the meal components and are placed in such a way that they are visible and readable within all service areas.