

# Massachusetts Smarter Lunchrooms Movement



## Shrewsbury Public School District, Oak Middle School

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### Smarter Lunchrooms Goals Completed:

- A mixed variety of whole fruits are displayed together.
- At least one daily fruit option is available near all registers.
- A daily vegetable option is bundled into grab and go meals available to students.
- Daily targeted entrées have been provided creative or descriptive names.
- Grab and go reimbursable meals are available at a convenience line/speed window.
- Menu boards featuring today's meal components are visible and readable within all service areas.
- A dedicated space/menu board is visible and readable within all service areas where students can see tomorrow's menu.
- A monthly menu is available and provided to all students, families, teachers and administrators.

### Strategies Used to Complete Goals:

- Making items more visible and accessible
- Bundling fruits and vegetables with grab and go
- Creative names for menu items
- Grab and go options
- Menu boards
- Weekly menus emailed and texted to students/parents

### Key Successes:

- Displaying menu boards: large, decorative chalk boards and a flip chart with printed menus that list the meal components and are placed in such a way that they are visible and readable within all service areas.
- Providing creative or descriptive names for daily targeted entrées.
- Improving grab and go options and making them available in a convenience line.

