

Massachusetts Smarter Lunchrooms Movement



Nashoba Regional School District, Nashoba Regional High School

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Smarter Lunchrooms Goals Completed:

- All vegetable names are printed/written on name cards.
- All targeted entrée names are written and legible on menu boards.
- Posters displaying healthful foods are visible and readable within all service and dining areas.
- Menu boards featuring today's meal components are visible and readable within all service areas.
- A dedicated space/menu board is visible and readable within all service areas where students can see tomorrow's menu.
- Signs promoting the lunchroom and featured menu items are placed in other areas of the school.
- A monthly menu is visible and readable within the school building.
- All vegetable names are written and legible on menu boards.



Strategies Used to Complete Goals:

- Signage on the line
- Menu boards
- Pictures of food (on the line or on menu boards)
- Menu boards
- Menus more visible throughout school
- Creative names for menu items

Key Successes:

- Displaying menu boards: large, portable boards that list the meal components and are placed in such a way that they are visible and readable within all service areas.
- Promoting monthly menu on signage throughout lunchroom and school.
- Providing creative or descriptive names for daily vegetable options.

