

Massachusetts Smarter Lunchrooms Movement



Medford Public School District, Medford High School

Contact: Juile Bradley

Position: School Nutrition Director

Email: JBradley@medford.k12.ma.us

Phone: 781-393-2241



Smarter Lunchrooms Goals Completed:

- Whole fruit options are displayed in attractive bowls or baskets.
- Individual salads or a salad bar is available to all students.
- White milk is placed in front of other beverages in all coolers.
- All targeted entrée names are written and legible on menu boards.
- A reimbursable meal can be created in any service area available to students.
- Grab and go reimbursable meals are available at a convenience line/speed window.
- Grab and go reimbursable meals are easily seen by students of average height.
- A monthly menu is visible and readable within the school building.

Strategies Used to Complete Goals:

- Making items more visible and accessible
- Grab and go options
- Menu boards
- Menus more visible throughout school

Key Successes:

- Improving grab and go options: adding fruits to make a reimbursable meal, attractive clamshell packaging with labels, located in a convenience line.
- Displaying menu boards: large, portable blackboards that list the meal components and are placed in such a way that they are visible and readable within all service areas.