

Massachusetts Smarter Lunchrooms Movement



Mansfield Public School District, Qualters Middle School

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Position: School Nutrition Director

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Smarter Lunchrooms Goals Completed:

- Fruit options are not browning.
- Daily fruit options are written legibly on menu boards in all service and dining areas.
- Daily vegetable options are easily seen by students of average height for your school.
- A default vegetable choice is established by pre-plating a vegetable on some of the trays.
- White milk is replenished so all displays appear "full" continually throughout meal service.
- All targeted entrée names are written and legible on menu boards.
- Reimbursable "Combo Meal" pairing names are written/printed on name cards.

Strategies Used to Complete Goals:

- Making menu items more appealing
- Menu boards
- Making items more visible and accessible
- Grab and go options
- Signage on the line

Key Successes:

- Displaying menu boards: large, blackboards that list the meal components and are placed in such a way that they are visible and readable within all service areas.
- Daily vegetable and fruit options are appealing and accessible to all students.

