

# Massachusetts Smarter Lunchrooms Movement



## East Bridgewater School District, Central Elementary School

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### Smarter Lunchrooms Goals Completed:

- Whole fruit options are displayed in attractive bowl or baskets.
- Daily fruit options are written legibly on menu boards in all service and dining areas.
- Daily fruit options are given creative, age appropriate names
- At least two types of vegetables are available daily.
- A daily vegetable option is bundled into grab and go meals available to students.
- Daily targeted entrée options are highlighted on posters and signs.
- Daily targeted entrées have been provided creative or descriptive names.
- All reimbursable "Combo Meal" names are written and legible on menu boards.
- Menu boards featuring today's meal components are visible and readable within all service areas.
- A dedicated space/menu board is visible and readable within all service areas where students can see tomorrow's menu.
- Clutter is removed from service and dining areas promptly
- The dining space is used for other learning activities beyond meal service.

### Strategies Used to Complete Goals:

- Making items more visible and accessible
- Menu boards
- Creative names for menu items
- Involvement with students
- Grab and go options
- Signage on the line
- Fruits and vegetables throughout school to correspond to taste tests in cafeteria/ connection to classrooms

### Key Successes:

- Displaying menu boards: portable white boards that list the meal components and are placed in such a way that they are visible and readable within all service areas.
- More grab and go options with better signage; all bundled with a variety of fruits and vegetables.

