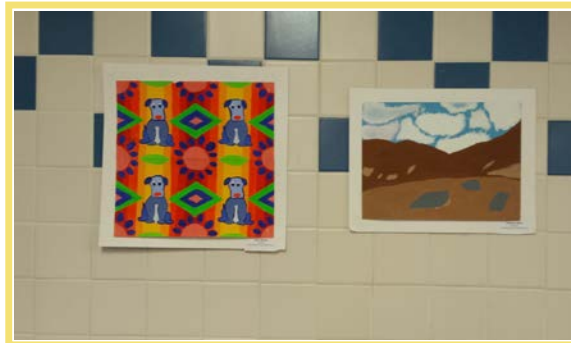


Massachusetts Smarter Lunchrooms Movement



Freetown Lakeville Regional
School District, Apponequet
Regional High School

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Position: School Nutrition Director

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Smarter Lunchrooms Goals Completed:

- Available fruit options are given creative, age appropriate names.
- Available vegetable options have been given creative or descriptive names.
- White milk crates are placed so that they are the first beverage option seen in all designated milk coolers.
- Daily targeted entrées have been provided creative or descriptive names.
- All reimbursable “Combo Meal” names are written and legible on menu boards.
- Student artwork is displayed in the service/dining areas.
- Menu boards featuring today’s meal components are visible and readable within all service areas.
- Daily fruit options are written legibly on menu boards in all service and dining areas.
- All vegetable names are written and legible on menu boards.
- A dedicated space/menu board is visible and readable within all service areas where students can see tomorrow’s menu.

Strategies Used to Complete Goals:

- Creative names for menu items
- Making items more visible and accessible
- Menu boards
- Involvement with students

Key Successes:

- Involving students in the creation of artwork used to decorate the service area.
- Displaying menu boards: large, portable blackboards that list the meal components and are placed in such a way that they are visible and readable within all service areas.
- Providing creative or descriptive names for daily targeted entrées, fruit, and vegetable options.