

# Massachusetts Smarter Lunchrooms Movement



## Acushnet Public School District, Ford Middle School

**Contact:** Jeanne Sheridan  
**Position:** School Nutrition Director  
**Email:** jsheridan@acushnet.k12.ma.us  
**Phone:** 508-998-7943



### Smarter Lunchrooms Goals Completed:

- Daily fruit options are available in at least two different locations in each service line.
- At least one daily fruit option is available near all registers.
- Daily fruit options are written legibly on menu boards in all service and dining areas.
- All vegetable names are printed/written on name cards.
- All vegetable names are written and legible on menu boards.
- Self-serve salad bar utensils are at the appropriate portion size or larger for all fruits and vegetables offered.
- White milk is placed in front of other beverages in all coolers.
- Reimbursable “Combo Meal” pairings have been provided creative and descriptive names.
- Reimbursable “Combo Meal” pairing names are written/printed on name cards.
- Menu boards featuring today’s meal components are visible and readable within all service areas.
- A dedicated space/menu board is visible and readable within all service areas where students can see tomorrow’s meal.
- Posters displaying healthful foods are visible and readable within all service and dining areas.

### Strategies Used to Complete Goals:

- Making items more visible and accessible
- Menu boards
- Signage on the line
- Creative names for menu items
- Grab and go options

### Key Successes:

- Displaying menu boards: printed boards that list the meal components and are placed in such a way that they are visible and readable within all service areas.
- Decorating the dining and service areas with attractive posters and signage that encourage a healthy lifestyle.

