

Dietitian Tool

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Summary

Dietitian Tool is a quick tool to perform a Calorie Count using standard Food Exchange methodology, and to calculate energy needs using the Harris-Benedict formula. Uses Harris-Benedict equation: calculates BEE, BMI, IBW, and estimated nutritional need. App can 'guesstimate' users daily kcal intake by inputting CHO, Pro, Fat, and Fat exchanges. Provides info on various vitamins. Also has a 'saved data area.'

Note that this app has not been updated since late 2010.

Apple	https://itunes.apple.com/us/app/dietitian-tool/id370951806
Android	<i>n/a</i>
Other devices	<i>n/a</i>
Website	http://www.quixey.com/app/277300/dietitian-tool
Cost	Free
Audience	Nutrition professionals
Bias	None