



USDA DRI Calculator

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Summary

USDA DRI Calculator gives RDs, doctors, or any other health care professionals the ease of access to DRI recommendations to and other nutrition resources. Users can create dietary plans based on the Dietary Reference Intakes (DRIs). The app provides supplemental information, such as access to DRI reports, nutrition education resources and pregnancy weight gain charts.

Information is based off of The National Academy of Sciences' Institute of Medicine's DRI recommendations.

Apple

<https://itunes.apple.com/us/app/usda-dri-calculator-for-healthcare/id922494493?mt=8>

Android

https://play.google.com/store/apps/details?id=com.bluepane.usda_dri

Other devices

n/a

Website

n/a

Cost

Free

Audience

RDs, nutrition experts

Bias

None