



# Bon'App

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## Summary

**Bon'App calculates limits for calories, sugar, salt, “bad fat” and goals for fiber and protein for the user based on the Dietary Guidelines for Americans.** Users enter foods they eat during the day by typing the food into the device or speaking the name of a food and selecting the item from the app database. The user's food intake is tracked and the app displays a graphic of a battery (green, yellow, red or black) to represent how close the user is to fulfilling the daily goal or limit.

A health care practitioner can sign up to track clients using the device. The practitioner can customize goals for the client, view the client's daily intake and email clients via the app.

<b>Apple</b>	<a href="https://itunes.apple.com/us/app/bonapp/id437083777">https://itunes.apple.com/us/app/bonapp/id437083777</a>
<b>Android</b>	<a href="https://play.google.com/store/apps/details?id=com.bonapp.bonapp">https://play.google.com/store/apps/details?id=com.bonapp.bonapp</a>
<b>Other devices</b>	<i>n/a</i>
<b>Website</b>	<a href="http://www.bon-app.com/">http://www.bon-app.com/</a>
<b>Cost</b>	Free
<b>Audience</b>	Consumers, health care professionals
<b>Bias</b>	None